



WB 05.09.2022

Good morning Dosbarth Derwen! I hope you all had an amazing summer and I can't wait to start our journey into 2022/23!

Over the start of this term we are going to be looking at what it means to be a healthy hero. You're going to have the opportunity to have your say on the things we learn about as well as the chance to take a lead role in how the school develops.

As always, if you are working from home, try to follow the plan as best as you can and remember to upload photographs of your work to Seesaw so that it can be marked and we can feedback. Any extra sheets or information you may need will be included in a link in [blue](#).

Any problems, feel free to comment on Seesaw or email me on [DisleyA4@Hwbcymru.net](mailto:DisleyA4@Hwbcymru.net)

Monday

1	<p><b>WALT:</b> Express our ideas and interests</p> <p>(Cold Write)</p>	<p><b>Activity:</b> At the end of last term, you had the opportunity to ask me anything you wanted to know. Today you will have the opportunity to share anything that you feel is important to you.</p> <ul style="list-style-type: none"> <li>- As a class discussion, we will talk about the different things that we may want to discuss (family, friends, interests, hobbies, pets, hopes for the year, favourite subjects etc).</li> <li>- We will make a mindmap of these on the board as writing prompts.</li> <li>- Following the discussion, we will create a "Letter to teacher". Take the time to consider how you will set it out and what you will include (remember to use the prompts).</li> <li>- This letter will act as a Cold Write so we will not be giving input into the layout or features.</li> </ul>	ACL.4
2	<p><b>WALT:</b> Use numbers to 10,000</p>	<p><b>Activity:</b> Discuss the term place value, what does this mean or do we think it means? Can we give any examples? (H T U) Today we will be working with numbers up to 5 columns (tens of thousands).</p> <ul style="list-style-type: none"> <li>- On a piece of paper, choose a number between 0 and 9 and draw it large enough to fill the page.</li> <li>- Turn to your partner) Talk about your number, what can you say? (It is 4 units, one more than 3 etc) Share with class.</li> <li>- Now walk around the class (to music), when the music stops, pair up to make a number. What number have you made? Can you describe it? (4 units and 2 tens, 24 etc)</li> <li>- Repeat this several times increasing to 3, 4 and 5 digit numbers.</li> <li>- Choose a few groups, can you order yourself from smallest to largest? How do you know? Can you rearrange your number so that the order changes?</li> <li>- Can we try larger numbers? How large can we go? (if working from home, write the numbers 0-9 on small pieces of paper and use these to create different numbers, say the number, talk about the different parts etc)</li> </ul>	ACL.6
3	<p><b>WALT:</b> Identify</p>	<p><b>Activity:</b> Welsh placemat baseline.</p>	EIC.1



	familiar language patterns	In this session we will look at the Welsh Placemat that underpins all of our Welsh language patterns in speaking, reading and writing. - Use the <a href="#">blank placemat</a> (page 3) together with the normal placemat (page 2) to identify language. - If you understand a question or answer, colour the box green. - If you recognise a question or answer but don't feel confident in its meaning or using it, colour it yellow. - If a question or answer is unfamiliar, colour it red.	
4	<b>WALT:</b> Develop international relations	<b>Activity:</b> As part of our drive to develop empathy and become ethically informed citizens, we will be using an online platform to meet other classes around the world. Today we will have a look at this program and identify locations that we might want to talk to or work with.	<b>EIC.6</b>

Tuesday	
1	Mr Ellis Sports
2	See Mrs Williams Art Plan

Wednesday			
1	<b>WALT:</b> Express what Healthy Heroes means to us.	<b>Activity:</b> Introduce the topic and think about what this means to you. What do you think you know about it or what could it be about? Make a list of words or phrases that you think may apply. On an A4 piece of paper, draw a front cover for our Healthy Heroes topic. You will need to include the title, as well as any writing or drawings that you think may be necessary. Be sure to make good use of the space, avoid leaving big blank areas.	<b>ECC.1</b>
2	<b>WALT:</b> Use numbers to 10,000	<b>Activity:</b> Recall place value, what does this mean? Discuss Units, Tens, Hundreds up to Ten Thousands. - Use a 10-sided dice or number generator to create a 5 digit number. For each number, identify its value and represent it in your book or on paper like this: 12421 = 10000, 2000, 400, 20, 1. (Do this 6 times) - Draw a place value chart with 5 columns and label them U, T, H, Th, TTh. Generate a 5 digit number again, this time, represent it by colouring squares. For example 12421 will be shown by 1 square in the TTh column, 2 in the Th column and so on. (Do 4 of these)	<b>ACL.6</b>
3	<b>WALT:</b> Develop our confidence in Welsh language	<b>Activity:</b> This session we will play a game of Buzz Ping. - Children will get into teams (4 teams at most) - Using the placemat, I will ask or answer a question from the placemat and the first team to buzz/ping in with the corresponding question or answer wins a point.	<b>ECC.5</b>
4	<b>WALT:</b> Develop our understanding of fitness.	<b>Activity:</b> Over the next few weeks we will be developing our skills as personal trainers. As part of this we will be looking to develop our own fitness. - In pairs or small groups, discuss what fitness means. We will record notes on the board and develop our own concept	<b>HCI.3</b>



		map (start with the word fitness in a box or circle, then from that we add more boxes or circles containing words that we associate with fitness, the continue this for the other words)	
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Thursday			
1	<b>WALT:</b> Write a set of instructions (Cold Write)	<b>Activity:</b> We will be looking at the genre of instructional writing and as part of this will be developing our skills and knowledge. - As a cold write, we will be writing a set of instructions for how to make a cheese sandwich in our books. - As a cold write, there will be little input for the lesson.	<b>ECC.2</b>
2	<b>WALT:</b> Use numbers to 100,000	<b>Activity:</b> Discuss place value and what comes after Ten Thousands. How many more columns do we know? - Use a 10-sided dice or number generator to create a 6 digit number. For each number, identify its value and represent it in your book or on paper like this: 412421 = 400000, 10000, 2000, 400, 20, 1. (Do this 6 times) - Draw a place value chart with 6 columns and label them U, T, H, Th, TTh, HTh. Generate a 6 digit number again, this time, represent it by colouring squares. For example 412421 will be shown by 4 squares in the HTh column, 1 square in the TTh column and so on. (Do 4 of these) EXT: Can you show an example of a larger number? You can use either of the methods above to represent your answer.	<b>ACL.6</b>
3	<b>WALT:</b> Develop our understanding of languages	<b>Activity:</b> As part of the curriculum for Wales, there is an expectation to develop additional languages. This term we will be learning German. -Does anyone know any German? Are there any preconceptions we have of the language or the culture? - We will look at a few basic phrases and words.	<b>ACL.2</b>
4	<b>WALT:</b> Identify how our bodies respond to exercise	<b>Activity:</b> Talk about our bodies and what the term organ means. Do we know how our bodies work? What do we know? - Why do we breath? - As a class we will close our eyes and concentrate on our breathing. Try to let it happen naturally, don't hold it or breathe faster. - I will start a timer and you will need to count each breath until the timer is stopped. Write this number down. - What function does our heart have? - Find your pulse by placing two fingers on either your wrist or neck. - A timer will be started and you will need to count the number of beats. Write this number down. - We will now run around for about a minute then repeat the two activities. Write down your number of breaths and beats. - As a class we will discuss the difference and the possible reasons for this.	<b>HCI.3</b>



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Friday			
1	<b>WALT:</b> Develop a fitness test	<p><b>Activity:</b> Recall the activity from yesterday, what did we learn or discuss about fitness?</p> <ul style="list-style-type: none"> <li>- If you were to test your own fitness what would you do? Would you record your activity by time? By the number of repetitions? Heart rate etc?</li> <li>- In groups you will decide upon two exercises that you will use to test your fitness. Share this with the class.</li> <li>- Have you changed your mind after hearing other suggestions? Once you have decided, we will go outside and set our baseline for the exercise test. Perform your two activities and record your results for each member of the group.</li> </ul>	HCI.3
2	<b>WALT:</b> Use maths in a real life setting	<p><b>Activity:</b> In pairs, use the Ipads to look at the Argos website and choose 6 things that you would like to buy.</p> <p>Bronze: Draw a place value table and record the price of these items in whole £s.</p> <p>Silver: Order these prices from least expensive to most expensive.</p> <p>Gold: Calculate the difference in price between the most and least expensive items.</p>	ACL.6
3	<b>WALT:</b> Identify our thoughts and feelings	<p><b>Activity:</b> Today we will take part in our first Jigsaw session. The focus will be 'Being me in my world'</p>	EIC.6

Additional Tasks	
<p><b>Daily Mile (9.00 – 9.30)</b> Following registration, children will lead onto the front yard for the daily mile.</p> <p><b>Reading Groups (10.45 – 11.15)</b> Each morning (excluding Tuesdays) we will have group reading sessions according to the timetable.</p> <p><b>Mindfulness (1.20)</b> Upon entering the class after lunch, calming music will be played to encourage deeper thought and mindfulness.</p> <p><b>Boost (1.25)</b> (excluding Tuesdays) Boost sessions will take place to develop our language, comprehension and discussion skills.</p>	