



WB 10.10.2022

Good morning Dosbarth Derwen!

This week we will be beginning to look at food and the concept of a balanced diet. We will also be identifying the physical changes we experience through a range of emotions.

As always, if you are working from home, try to follow the plan as best as you can and remember to upload photographs of your work to Seesaw so that it can be marked and we can feedback. Any extra sheets or information you may need will be included in a link in [blue](#).

Any problems, feel free to comment on Seesaw or email me on DisleyA4@Hwbcymru.net

Monday			
1	WALT: Develop our reading skills	Activity: Carousel Morning: Rotate 5 activities around the 5 reading groups. Groups are in the Guided Reading folder. 1. Read with teacher. 2. Duolingo 3. Silent Reading 4. Reading Buddies 5. Read and Record (group record themselves reading and upload to Seesaw)	HCI.7
2	WALT: Use column addition	Activity: Write 3 addition sums on the board and give children 5 minutes to solve these (either on whiteboard or paper) (e.g. 23+46, 45+254, 263+354). After the 5 minutes, discuss the different methods we used to solve these problems. Did we all use the same method? - Who can describe the method of column addition? What are the Steps for Success? (Line the numbers up, don't forget to carry etc) - Identify common errors or misconceptions. - For each level, children will make up their own numbers or use a dice/number generator. Bronze: Add a 3 digit number to another 3 digit number. Silver: Add a 4 digit number to another 4 digit number. Gold: Add a 5 digit number with decimal to a 5 digit number with decimal (e.g. 2345.1 + 5374.5) EXTENSION: Encourage the children to write out in their own words the "Steps to Success" for column addition.	ACL.6
3	WALT: Explain the way physical and emotional changes are connected	Activity: What do the words physical and emotional mean? Work in pairs or small groups to come up with a suitable definition for both terms. - What emotions can we think of? Make a list as a class and discuss when we might feel like this. - Think of a feeling, close your eyes and imagine a situation where something has happened to make you feel this way. What physical changes do you notice? Perhaps a change in your heart rate? Perhaps you begin to feel hot? etc. - Share your ideas as a class. Are there different changes for positive feelings than for negative feelings? - Children will be using the app Adobe Spark Video (on the	ACL.8



	<p>ipads) in pairs to present their ideas today (when opening the app, they will need to click “log in” at the bottom of the page next to where it says Education account.</p> <ul style="list-style-type: none"> - Children will need to include a title page “How my emotions affect me” - Each following page, children should include a selfie/picture to represent an emotion, then record themselves explaining for example “When I feel....., my heart beats faster and I find it hard to concentrate” or something similar. - They should do a minimum of 3 emotions each. - Once complete, these videos should be uploaded to Seesaw. 	
--	--	--

Tuesday	
1	See Mrs Williams Art Plan
2	Mr Ellis Sports Afternoon

Wednesday			
1	<p>WALT: Write an information leaflet (Cold Write)</p>	<p>Activity: We will be starting a new genre of writing, this will be report writing. The form our writing will take will be an information leaflet. Today we will be writing an information leaflet on our school. Try to think about all of the things you could include but remember that as a Cold Write, the decisions around layout and content will be yours.</p>	ECC.1
2	<p>WALT: Develop our understanding of column addition</p>	<p>Activity: Recall the work we did on Monday using column addition. What were the steps to success? What were common problems or mistakes? How can we overcome these?</p> <ul style="list-style-type: none"> - In small groups or pairs, use a number generator to generate numbers between 1 and 15. - Using the School Orienteering Map, go out to the corresponding control points: <p>Bronze: Generate 2 numbers, use the first 3 numbers on each of the control markers to create a column addition. Silver: Generate 2 numbers, use all 4 numbers on each of the control markers to create a column addition. Gold: Generate 3 numbers, use all 4 numbers on each of the control markers to create a column addition. EXT: Using a calculator, check your answers and mark your work using the Green for Growth or Tickled Pink pens.</p>	ACL.6
3	<p>WALT: Develop our German language skills</p>	<p>Activity: Recall the German we have learnt so far. Game of Buzz Ping to start. Today we will be learning how to count to ten in German.</p> <ul style="list-style-type: none"> - We will be practicing our numbers to ten, then we will finish with a game of wie-viel-uhr-ist-es-wolf. 	HCI.6

Thursday			
1	<p>WALT: Discuss a balanced diet</p>	<p>Activity: Recall our learning on fitness so far. What have we learnt? Apart from fitness, what can affect our health and wellbeing? (Diet) Why? What do we know about this? We are going to develop a concept map on diet and healthy eating.</p>	HCI.3



		<ul style="list-style-type: none"> - Start with the words Balanced Diet in a bubble. - From this word, write everything that you know or associate with this in an attached bubble. - From each of these new words, add additional joining bubbles with associated words. - Share ideas as a class, if there are any new ideas, add these using your Green for Growth pen. - As a class, come up with a definition of a balanced diet and why this is important. This should be written into your books. - Try to include the impact choices have on physical health and well-being. 	
2	WALT: Apply skills in a real life setting	<p>Activity: Recall all of the work we have done on column addition so far this week. What have we learnt? What are the steps for success?</p> <ul style="list-style-type: none"> - Today we will be using the Argos website to perform a virtual shop. - Find up to 8 items you would like to buy, list these items together with their cost. - Choose two of these and add them using column addition. - Repeat this for the next two items, and continue doing this until each pair has been added. - Add up two of the new totals, then repeat for the other two totals. - Finally, add the last two totals together and this will be the total spend for your shopping. 	ACL.2
3	WALT: Develop our own storymap	<p>Activity: Recall the video Ynys y Barri and look at the storymap. Today we will be creating our own storymap in our books. Rememebr these should be sensible ideas.</p> <ul style="list-style-type: none"> - First, on a piece of paper you will need to answer these questions: <ul style="list-style-type: none"> - Where will you go (place/country) - Who will you go with? - How will you get there? - What will you do? How was it? - What did you eat and drink at lunchtime? - What did you do in the afternoon? - Did you have a good time? - Where would you like to go next time? - Why? - In your books you will need to represent each one of these with a small picture similar to the storymap. Each image should be linked with an arrow. 	ECC.6

Friday			
1	WALT: Develop our understanding of a balanced diet	<p>Activity: Recall the work we did yesterday on a balanced diet. What did we learn? What definition did we develop as a class?</p> <ul style="list-style-type: none"> - Discuss as a class how to adjust keywords and search techniques to find relevant information. Go online using the chromebooks or ipads and research what a balanced diet 	HCI.3



		<p>means.</p> <p>-Discuss as a class. Was it the same as our definition? Write the new definition in our books using the Green for Growth pen.</p> <p>- Using the subheadings carbs, protein, fat, fibre, vitamins, minerals and water, you will research in pairs or small groups what each one of these is for and some of the sources of food we can find them in.</p>	
2	WALT: Use column subtraction	<p>Activity: Recall the work on column addition, what have we learnt? What do we know about column subtraction? What are the steps for success?</p> <p>Bronze: Generate 2 digit numbers for subtraction sums.</p> <p>Silver: Generate 3 digit numbers for subtraction sums.</p> <p>Gold: Generate 4 digit numbers for subtraction sums.</p>	ACL.6
3	Our Jigsaw session will continue looking at Being Me In My World.		

Additional Tasks

Daily Mile (9.00 – 9.30) Following registration, children will lead onto the front yard for the daily mile.

Reading Groups (10.45 – 11.15) Each morning we will have group reading sessions according to the timetable.

Mindfulness (1.20) Upon entering the class after lunch, calming music will be played to encourage deeper thought and mindfulness.

Boost (1.25) (excluding Tuesdays)