



WB 09.10.2023

Good morning Dosbarth Kites, I hope you all had a great weekend?

This week we will conclude our writing on the cardiovascular system as well as perform a heart rate test. We will also develop our understanding of the number system by identifying a range of numbers on a number line.

As always, if you are working from home, try to follow the plan as best as you can and remember to upload photographs of your work to Seesaw so that it can be marked and we can feedback. Any extra sheets or information you may need will be included in a link in [blue](#).

Any problems, feel free to comment on Seesaw or email me on DisleyA4@sch.caerphilly.gov.uk

Monday

1	WALT: Write an explanation text	<p>Activity: Recall the work from the last couple of weeks. Recall the cardiovascular system and everything we know about this. What do we know about explanation text? Look back through our books to remind us of the different elements.</p> <ul style="list-style-type: none"> - To start, we will develop our marking grid. What features do we need to include? What are our non-negotiables? - Using our plan from last week's session, and the marking grid created today, write an explanation text on the cardiovascular system (this could be done as a double page spread). - Once your extended write has been completed, use the marking grid to mark your cold write, then your hot write. You should use the Green for Growth pens to highlight any features that have been missed, as well as the Tickled Pink pen for identifying features you have remembered. 	ACL.1
2	WALT: Reinforce our understanding of rounding	<p>Activity: Warm-up activity: Look at the 6 times table song then play the counting in 6s circle game. We will then have a practice at our four times tables.</p> <ul style="list-style-type: none"> - As a class discuss place value, what do we know about place value? What are the different columns? - For today's session we are going to focus on columns up to the thousands. - Recall rounding, what are the rules we need to remember? Record these on the board. - Discuss these rules specifically relating to rounding to the nearest 10 then display the first three questions on the board. - Repeat this for the hundreds, then the thousands. 	ACL.6
3	WALT: Count beats and	<p>Activity: Today we will take part in the second session of our ten-week program of music, developing our own</p>	ECC.1



	perform using loops	understanding of beats and loops using the Garageband program. Children will work in pairs using the pre-populated pieces of music.	
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Tuesday			
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1	WALT: Respond and reflect	Activity: In today's session we will look at our explanation text from yesterday and look at ways in which we can further improve it. <ul style="list-style-type: none"> - We will begin by looking at the marking grid and identify an element that we may have missed. Can we add this using our Green for Growth pen? - Have we used technical vocabulary? Have we missed some? Do we need to add a definition of some of these words? - What other areas could we develop? 	ACL.1
2	WALT: Identify numbers on a number line.	Activity: Warm-up activity: Look at the 6 times table song then play the counting in 6s circle game. We will then have a practice at our four times tables. Recall place value, what does this mean? What have we learnt so far? Using the bead bar, we will practice counting in tens, hundreds and thousands. <ul style="list-style-type: none"> - We will generate two, three and four digit numbers and identify where these go on the bead bar. Bronze: Draw a number line in your book and label it 0 to 100 in intervals of 10. Generate 2 digit numbers and label them on the line. Silver: Draw a number line in your book and label it 0 to 1000 in 100 intervals. Generate 3 digit numbers and label them on the line. Gold: Draw a number line in your book and label it 0 to 10000 in intervals of 1000. Generate 4 digit numbers and label them on the line.	ACL.7
3	WALT: Understand past tense in Welsh	Activity: Discuss tenses in English. How do we talk about things in the past, present and future? Can we suggest some examples. Do we know any examples in Welsh? <ul style="list-style-type: none"> - As a class we will look at the Ynys Y Barri video. Can we discuss the different things that happened in the video? Were there any words you recognised? Did you notice any patterns in the past tense verbs? - Introduce a range of past tense verbs then watch the video again. Any time past tense language is heard, high five the person next to you. - Use the prepared storymap to retell the trip to Barry. 	ACL.4

Wednesday			
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1	See Mrs Williams Art Plan		
3	Mr Ellis Sports Afternoon		



Thursday			
1	WALT: Identify heart rate response	<p>Activity: Recall the work we have done so far on the human body. What have we learnt? What do we understand about the different organs of the body? What are their functions? How does our body respond to different stimuli? In what situations would our heart rate change?</p> <ul style="list-style-type: none"> - As a class, take time to identify areas where your pulse can be recorded. - Take time to relax and then record your resting heart rate. - As a class, discuss ways in which we could raise our heart rate. What are the different types of variables? Do you remember the characters? - We will perform a physical activity in order to raise our heart rates and record the result. - As previously discussed, we will aim to perform this test three times in order to develop an average. 	HCI.3
2	WALT: Use negative numbers	<p>Activity: What do we mean by negative numbers? As a class, we will practice counting back in negative 1s, 2s and 10s.</p> <p>For the session today, use the Worksheet. Copy questions and number lines (if necessary) into your book.</p>	ACL.6
3	Valley Gymnastics Session 2		

Friday			
1	WALT: Write a set of instructions	<p>Activity: Recall the session from yesterday, what did we do? Recall each part of it step by step. Recall instructional writing, what were the features?</p> <ul style="list-style-type: none"> - We are going to write a set of instructions. For this we will be writing "How to perform a heart rate test" - Look back through the book and remind yourself of the necessary features. What did we have in the marking grid? Use this to support your writing. 	HCI.4
2	WALT: Identify positive and negative numbers on a number line	<p>Activity: Create a number line from -10 to 30 going up in intervals of 2 (each square = 2 degrees).</p> <ul style="list-style-type: none"> - Choose 6 capital cities in the world and find the temperature in that place today. Mark them on the number line. - Can you find the coldest and hottest capitals? - What is the difference in temperature between the two? - What is the temperature in Trethomas today? Label it on the number line. - What is the difference between the temperature in Trethomas and the hottest and coldest cities? 	ACL.2
3	WALT: Jigsaw PSHE	<p>Activity: Today we will take part in our Jigsaw session. The focus will be 'Being me in my world'</p>	EIC.6



Additional Tasks

Collective Worship (9.00 – 9.30)

Reading Groups (10.45 – 11.15) Each morning we will have group reading sessions according to the timetable.

Mindfulness (1.20) Upon entering the class after lunch, calming music will be played to encourage deeper thought and mindfulness.

Boost (1.25)

Daily Mile (2.20) Children will lead onto the front yard for the daily mile.