

Dosbarth: Bluebirds

Term: Autumn


Topic: Healthy Heroes





# My Homework Menu



This is our termly homework mat. We encourage you to complete some or all throughout the term. There is no specific order to complete them in but please upload photos to Seesaw as and when you complete an activity.

Our Values
<p>Respect Responsibility Friendship Empathy</p> <p>Choose a value and make something of your own choice that represents that value.</p>
Outdoor Activity
<p>Go for an autumnal walk and collect some leaves. Make some leaf rubbings with the leaves you have collected.</p> 

<b>Expressive Arts</b> <p>Create your own 'Heart Art' in the style of Piet Mondrian, Romero Britto or Bridget Riley. Here are <a href="#">some examples and templates</a> for you to use if you wish.</p>	<b>Health and Wellbeing</b> <p>Look at some of Joe Wick's 'PE with Joe' videos. Create your own fitness workout and then have a go. See if you can get your parents or/and siblings to join in. Don't forget to take lots of pictures!</p>	<b>Humanities</b> <p>Choose a country that takes part in the Rugby World Cup or Olympics. Write some facts about your chosen country.</p> 
<b>Languages, Literacy and Communication</b> <p>Write your own adventure story about a superhero. Don't forget to describe your character and setting in your story. Include lots of interesting adjectives and verbs!</p> <p>You can also read your books on Oxford Reading Buddy.</p>	<b>Mathematics and Numeracy</b> <p>Measure your height and the height of each of your family members. Then order them from the tallest height to the shortest height.</p> 	<b>Science and Technology</b> <p>In school, we have been learning about having a healthy balanced diet. Create your own healthy, balanced meal. You can either draw it or make it! Label the food groups that you have used in your meal.</p>

The spellings that we will be using...
<p>First 100 High Frequency Words</p> <p>Next 200 High Frequency Words</p> <p>carbohydrates, protein, fruit, vegetables, dairy, healthy, balanced, diet, exercise</p>
The times tables that we will be using...
<p>2 times tables</p> <p>3 times tables</p> <p>4 times tables</p> <p>5 times tables</p> <p>6 times tables</p> <p>8 times tables</p> <p>10 times tables</p>

