

Dosbarth: Wrens

Term: Autumn


Topic: Healthy Heroes



# My Homework Menu



This is our termly homework mat. We encourage you to complete some or all throughout the term. There is no specific order to complete them in but please upload photos to Seesaw as and when you complete an activity.

<p>Our Values</p>	<p><b>Expressive Arts</b></p>	<p><b>Health and Wellbeing</b></p>	<p><b>Humanities</b></p>	<p>The tricky words we will be learning to spell are...</p>
<p>Responsibility – give your child a little job at home that only they are responsible for and they can accomplish on their own. Discuss how it makes them feel when they accomplish their task and how it feels to be responsible for something.</p>	<p>Create a self portrait using any medium – draw/paint/collage etc.</p> <p>Make a collage of your favourite meal</p>	<p>Design a drink for a healthy hero. Try making a smoothie using healthy ingredients.</p> <p>Create a healthy snack, e.g. a fruit kebab, to enjoy with your family.</p>	<p>Look through your food cupboard to see where the different items come from. Can you find these countries on a map?</p>	<p>He Me We Be She Was You They Are All My here</p>
<p>Outdoor Activity</p>	<p><b>Languages, Literacy and Communication</b></p>	<p><b>Mathematics and Numeracy</b></p>	<p><b>Science and Technology</b></p>	<p>The times tables that we will be using...</p>
<p>Go on a walk around our community. Think about somewhere locally that you think is special. Describe how you feel in your special place.</p> <p>Design a fitness course in your garden or local park.</p>	<p>Read regularly using Oxford Reading Buddy. Regular practice of level 3 sounds</p> 	<p>Write numbers to 20 – focussing on the teen number and encouraging the correct number formation.</p> <p>Count objects to 20 and beyond. This could be objects at home or when you are out and about e.g how many red cars can you count.</p>	<p>Look for a variety of different foods in your home. Can you group them into fruits, vegetables, protein, dairy, seeds and grains?</p> <p>To be a healthy hero you should eat healthy foods. Can you design a healthy packed lunch for a healthy hero?</p>	<p>Practice counting in 2s to 20.</p>

