




Primary School Meals Week 1

Make your own choices of mains and sides each day

Monday

Mains

 Beef Lasagne

 Cheese & Onion Savoury Bake 

Fish Goujons (*non fried*)

Sides


Garlic bread or twisted potatoes and a choice of baked beans, peas or salad bar



Dessert

Chocolate & Pear Brownie with Ice cream

Tuesday

Mains

French Pizza Bread 

 Ravioli in Tomato Sauce & Focaccia 

Filled Jacket Potato

Sides


Wholemeal savoury rice or wedges (*non-fried*) and a choice of sweetcorn, green beans or salad bar


Dessert

Fruit Crumble & Custard

Wednesday

Mains

 Beef and Yorkshire Pudding


Sausage and Yorkshire Pudding 

Chicken Goujons

Sides

Oven baked dry roast potatoes, mashed or boiled potatoes and a choice of carrots, cabbage, swede or salad bar


Dessert

 Welsh Cake with Fruit Wedges

Thursday

Mains

Sweet Chilli Chicken


Margarita Pizza 

Filled Wrap

Sides

Noodles or herb diced potatoes (*non-fried*) with a choice of BBQ beans, mixed vegetables or salad bar

Dessert

 Yogurt

Friday

Mains

Harry Ramsden's Fish Portion

Beef or Quorn  Burger in a Bun

Filled Baguette

Sides

Wedges (*non-fried*) or chipped potatoes and a choice of peas, corn on the cob or salad bar


Dessert




Flapjack


On the Day


Depending on the availability of food items, cooks may need to change menu items. Meal options may include a filled jacket potatoes, pasta & sauce, sandwiches, baguettes or wraps, with salad and vegetables followed by a dessert.

Always Available

 Semi Skimmed Milk | Drinking Water | Half Slices of Wholemeal Bread

 Yoghurts |  Fresh Fruit | Tinned Fruit | Fruit with  Ice Cream

 Welsh Produce

 Vegetarian Option



Our Welsh Suppliers

